

FIND AND
NURTURE THE
BEST EFFORT
IN EACH
PARTICIPANT

ENCOURAGE STUDENTS
TO STAY IN SCHOOL
AND
BECOME
BETTER
CITIZENS

PROVIDE
HEALTHY
LIFESTYLE
INSTRUCTION

HIGH SCHOOL ACTIVITIES...

CHALLENGE RACISM,
SEXISM AND CLASSISM
THROUGH THE
PURSUIT OF
TEAMWORK AND
SCHOOL SPIRIT

DEMAND RESPECT FOR FAIR
PLAY AND APPRECIATION
FOR PROCEDURES AND RULES



"WE HAVE FUNDAMENTAL, EMPIRICAL EVIDENCE THAT
INTERSCHOLASTIC ACTIVITIES ARE A WAY IN WHICH TO CREATE
HEALTHY AND SUCCESSFUL CITIZENS,"

- ROBERT B. GARDNER

EXECUTIVE DIRECTOR, THE NATIONAL FEDERATION OF STATE HIGH SCHOOL ASSOCIATIONS

